WAYS TO HELP DURING COVID-19

ADHERE BY PREVENTATIVE GUIDELINES
For the most up to date information please visit the SJBPH website at https://sjbpublichealth.org/coronavirus/ or the CDC at https://www.cdc.gov/coronavirus/

STAY AT HOME
To every extent possible – especially if you are among the high risk category, to limit nonessential activities of daily life, and to minimize and prevent social contact. Protect our community.

COMBINE SHOPPING EFFORTS
Connect with friends, neighbors, or family and have ONE healthy person go to the grocery store or to run other errands to reduce the amount interaction and exposure.

SHOP LOCAL
Call first and ask how to safely support businesses. Some shopping can be done over the phone with pick up. Gift cards and Pagosa Perks are a great option as well.

REACH OUT
Social distancing doesn't mean social isolation. Keep in touch with friends and family. Check in on each other and don't hesitate to ask for help. We are in this together.

YOUR VOICE IS POWERFUL
Be a voice for how people can help each other in this time of social distancing, while staying safe. As you learn about how people are being affected and what the needs are, share that information.

DONATE
There are a number of local, regional, and state organizations working to provide services, supplies, and funding to those in need. Visit https://www.archuletacounty.org/623/Resources-Related-to-COVID-19

The Town of Pagosa Springs and Archuleta County appreciates your continued efforts in reducing the spread of COVID-19. Please utilize the Central Call Center to connect with a variety of local resources (970) 422-7084